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Chinese Food Therapy for Dogs and Cats

	<u>Cool/Cold Diets</u>	<u>Warm/Hot Diets</u>	<u>Neutral</u>
Vegetable	Spinach Broccoli Celery Kelp Chinese cabbage Eggplant Cucumber Winter Melon	Ginger Garlic Onion Chives Pepper Carrots Squash Pumpkin Asparagus	Yam Sweet potato
Fruits/Tea	Watermelon Bitter Melon Pear Banana Sugarcane Ginkgo Chrysanthemum, green tea	Peach Plum Walnut Apricot Citrus Olive Asparagus	Grape Green Pea
Grains/ Beans/Oils	Millet Brown Rice Buckwheat Wheat Flour Sesame/Flaxseed Oil Barley Barley sprouts (green) Tofu	Oats White Rice Rice Vinegar Brown Sugar Olive Oil	Corn Sweet Rice Soybean String Beans Peanuts
Meats	Turkey Cod Rabbit Frog Turtle Clam White Fish	Chicken Shrimp Mutton Deer Meat Beef	Pork Eggs Goose Duck Catfish Salmon Sardine Tripe Quail

